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Nothing trains you better than FreeMotion Fitness Equipment. The proof is in hundreds of gyms and health clubs around the world. From our patented Cable-Cross System to our latest **MC2** training components FreeMotion allows you to train the way you move. Engineering excellence, fitness expertise and unmatched customer service are built into every commercial product we make.

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Our Light Commercial products aren't simply watered-down versions of our commercial line, but rather, they've been engineered exclusively for our vertical markets. Rugged, reliable and low maintenance are the demands of our customers, and we've met each request head on.

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Push for your personal best in performance apparel that supports a full range of movement. That's the FreeMotion experience. Since 1999, our innovative technologies have enhanced performance by moving the way your body moves. FreeMotion Apparel – reach higher, stretch longer and grow stronger.

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Tough enough for the most demanding workouts, but engineered for the home, FreeMotion brings years of commercial technology into your living room. Sophisticated styling and powerful performance create the ideal combination for anyone who's serious about fitness.

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The interactive fitness technology that combines your fitness equipment with all the other activities in your life, for a fully-integrated fitness program.

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[Commercial](#) » [Indoor Cycling](#) » FreeMotion Indoor Cycling S11.9 Bike

## FreeMotion Indoor Cycling S11.9 Bike

FMEX82910

Welcome to the ultimate cycling experience. With sophisticated features designed for your members, the S11.9 delivers comfort, convenience and performance in every workout. Featuring our revolutionary lightweight aluminum frame, it's not only easy to move, but resistant to rust and maintenance friendly. As a part of the S Series, this bike features an innovative geometry to accommodate riders from 5' to over 6'9" and provides a neutral fore/aft position that will quickly and easily position 90% of all users comfortably and efficiently. Designed for the most realistic ride possible, the S Series employs both a perimeter-weighted flywheel and a high gear ratio to create a consistent, natural feel. With a higher inertia, each pedal stroke is incredibly smooth. Along with minimal hardware, frontal flywheel access and quick and easy console battery changes, each bike in the S Series was designed with common parts for more convenient maintenance. Through extensive research and testing, these innovative and sophisticated indoor cycling bikes will forever change the way we train. The S11.9 is compatible with both RPM and Power consoles.

### + **Compatible with Power Console and RPM Console**

This Indoor Cycle is compatible with two different consoles\*\*. FreeMotion Fitness offers two console options to fit the needs of your gym. The FMPW11 features a direct power (watts) measurement sensor—this console measures the load the rider drives into the system for an accurate, consistent reading, every time. The FMRPM11 is built with an RPM sensor and does not measure direct power.

Both versions are wireless and utilize the fully digital ANT+ communication protocol for highly reliable and consistent communication. Also, consoles feature a USB port for the rider to export their ride data. The workout information is saved in a spreadsheet format. Now, users can measure progress and in turn, achieve their goals faster. \*\* Console sold separately.

### + **Lightweight, Aluminum Frame**

Resistant to rust, this aluminum frame is not only maintenance friendly, it's lightweight and easy to move between classes.

### + **Magnetic Resistance**

This sophisticated system delivers consistent resistance for every bike. Plus, with no brake pads to maintain, the magnetic resistance system is virtually maintenance free.

### + **2" Fore/Aft Handlebar and Seat Adjustment**

Designed for safety and comfort, the fore/aft adjustment allows the user a 2" range with a neutral position that will fit 90% of all users.

### + **Dual-Sided Pedals, SPD and Toe Cage**

Designed for safety and comfort, the fore/aft adjustment allows the user a 2" range with a neutral position that will fit 90% of all users.

### + **Perimeter-Weighted Flywheel**

With the weight on the outer edge, the S Series flywheel contributes to a high inertia system, which delivers a smoother riding experience.

### + **Open, Step-Through Design**

Easier to get on and off, the step-through design is ideal for users of all shapes and sizes.

### + **Comfortable Saddle**

Ergonomically designed saddle offers both pressure relief and support for the ultimate in user comfort.

### + **Durable Chain Drive**

Low maintenance and extremely durable, the chain delivers a more realistic and efficient ride.

### + **Resistance Knob with Quick-Stop Brake**

Conveniently incorporated, the resistance adjustment and quick-stop brake are within easy reach.



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- [Dimensions originally SAE](#)





### FreeMotion Indoor Cycling S11.9 Bike

SKU: FMEX82910

DELIVERY: 6 to 10 weeks

Web Price: \$1,799.00

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### SPECIFICATIONS

<b>Drive System</b>	Chain.
<b>Resistance System</b>	Magnetic Eddy Current.
<b>Pedal</b>	Dual-Sided with SPD and Toe Cage.
<b>Assembly Hardware</b>	Stainless Steel.
<b>Frame</b>	Aluminum.
<b>Handlebars</b>	7 lb. Aluminum.
<b>System Inertia</b>	High Inertia.
<b>Flywheel</b>	Cast Iron Perimeter Weighted.
<b>Pop-Pin</b>	Stainless Steel.
<b>Emergency Brake Lever</b>	Integrated with Resistance Knob.
<b>Fore/Aft Adjustment</b>	Handlebars and Seat.

<b>Maximum User Weight</b>	350 lbs.
<b>Warranty</b>	15-Year Frame, 3-Year Parts, 1-Year Labor, 6-Month Wear Items.
<b>Footprint</b>	48" L x 20.1" W x 44.5" H
<b>Other</b>	Transport Wheels, 2 Integrated Water Bottle Holders, Vertical Numbering – Horizontal Reference Marks.


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