

TRUE[®] C O M M E R C I A L

CS800 ELLIPTICAL



TRUE Fitness is the only company that provides a Total-Body workout. Our proprietary Side Steps allow the user to step off and drive the CS800 using the upper-body only. On traditional front-and-rear-drive elliptical machines, your arms just go along for the ride while your legs do all the work. TRUE stands alone in providing three separate positions that work the entire body:

1. Isolated Upper-Body
2. Isolated Lower-Body
3. Upper and Lower Total-Body

PREMIUM FEATURES:

- **SMALL FOOTPRINT, BIG BENEFITS:** TRUE's design innovation allows for placement of 50% more compact CS800 units in the same footprint as traditional front-or-rear-drive ellipticals.
- **SAFE AND COMFORTABLE:** This thoughtfully crafted machine provides side steps & handrails for safe and simple entry and exit.
- **UNIQUE TO THE CORE:** TRUE's patented Core Drive™ system provides the most natural movement and keeps the user in the center of the exercise motion for superior balance, stability and comfort.
- **A PERSONAL TRAINER 24/7:** The TRUE mix3™ workout takes users through a random sequence of exercises that work the entire body.
- **PROGRAMMED FOR RESULTS:** Users can choose from a variety of pre-programmed workouts including the new RPM-based Pace Setter™ programs.



15" Touch Screen:

- Integrated 15" LCD with Touch Screen technology
- Advanced compatibility with your iPod allows users to easily watch TV, listen to their personal playlist, while simultaneously monitoring their workout performance
- Scenic landscape perspectives allow users to escape into hundreds of alternating serene views
- Goal-focused interface allows users to easily find numerous workout options
- Easy to use language options at the touch of a button
- 22 Preset Programs, 5 Custom Programs*, 5 Saved Workouts

2-Window LCD:

- Traditional, easy-to-read 2-Window LCD screens display the information most important to your users
- Optional wireless entertainment control
- Basic compatibility with your iPod allows users to dock, charge, and change songs
- 7 Preset programs

iPod is a trademark of Apple Inc., registered in the U.S. and other countries. "Made for iPod" means that an electronic accessory has been designed to connect specifically to iPod and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards.



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DRIVE SYSTEM	Power Source	120 Volt/15 Amp (NEMA 5-15 Receptacle); Cord Length 12' (3.7 m) - 220v Option Available	Self-Generating
	Drive System	Core Drive Comprised of No-Maintenance Ball Bearing Design	
	Resistance Source	Hybrid Self-Generating Brake	
EXERCISE SURFACE	Stride Length	Fixed - 21" (53 cm)	
	Footpad Material	Soft Step Cushioned Anti-Fatigue Material (Removable For Easy Cleaning)	
FRAME	Frame	11 Gauge Heavy-Duty Robotically Welded Steel	
	Handrails/Handlebars	Sweat Resistant Custom Dipped Material	
CONSOLE	Display Type	15" Touch Screen: CS800-E15T	2-Window LCD: CS800-E2W
	Compatibility for iPod	Advanced	Basic
	Entertainment Capabilities	Integrated 15" LCD with Touch Screen technology and built-in TV, integrated connector for your iPod with music and video featuring onscreen navigation, Scenic Landscape Perspectives, USB connectivity, NTSC/ATSC/QAM digital tuner or PAL/SECAM tuner	Optional integrated wireless entertainment control, integrated connector for your iPod
	Communications	Full CSAFE Compatibility - Fitlinx*	
	Key Type	N/A	Membrane
	Data Readouts	Elapsed Time, Time Remaining, Distance, Distance Remaining, Pace (RPM), Heart Rate, Target Heart Rate, Workload Level, Watts, METs, Calories, Calories/Hour, Segment Time Remaining	Elapsed Time, Time Remaining, Distance, RPM, Heart Rate, Target Heart Rate, Work Level, Watts, METs, Calories
	Message Center	Digital, Program Specific	17 Character Alphanumeric
	Diagnostics	YES	
HEART RATE	Contact Heart Rate Monitoring	YES	
	Wireless Heart Rate Monitoring	Wireless - Polar® Equipped	
	HRC (Heart Rate Control) [®] Workouts	YES - 8	YES - 1
	HRC Cruise Control [™]	YES	
PROGRAMMING	Workouts	22 Preset, 5 Custom*, 5 Saved Workouts	7 Preset
	Special Programs	mix3 [™] , Upper-Body Only, Pace Setter [™]	mix3 [™]
OTHER FEATURES	Accessories	Reading Rack, 2 Water Bottle Holders, and Integrated iPod/Accessory Tray	
	Personal Cooling System	YES	N/A
	Safety	Extended Handrails for Easy Rear Entry and Exit, Side Step-Up Areas	
PHYSICAL SPECIFICATIONS	Footprint	72"L x 34.5"W (183 cm x 88 cm)	
	Active Footprint	72"L x 34.5"W (183 cm x 88 cm)	
	Machine Weight / Shipping Weight	369 lbs (168 kg) / 441 lbs (200 kg)	364 lbs (166 kg) / 433 lbs (197 kg)
	Maximum User Weight	450 lbs (205 kg)	
	Workload Range	40-600 Watts	40-600 Watts
	Step-Up Height	Footskate Lowest Position: 9" (23 cm)	
	Portability	2 Front Transport Wheels; Rear Step Reinforced for Transporting Unit	
	Regulatory Approvals	UL, CSA, CE, FCC	
WARRANTY	Warranty	Frame Lifetime, Parts 3 Years, Labor 3 Years, Touch Screen Console 3 Yrs, Headphone jack, Connector for your iPod, and USB port - 90 days parts, no labor	Frame Lifetime, Parts 3 Years, Labor 3 Years, Headphone jack, Connector for your iPod, and USB port - 90 days parts, no labor

* In development, please ask Sales Rep for availability. Warranties outside the U.S. and Canada may vary - Please contact your local dealer for details. Specifications subject to change without notice.